

Learn to do Scottish Country Dancing

- It is the Scottish way to keep fit
- It will boost your bone, brain and cardiovascular health
- It is a fun way to meet new people
- no need for a kilt - wear casual, loose clothing and soft shoes or sneakers
- if you like puzzles, music, coding, you may find this activity particularly interesting
- no partner needed
- this is energetic exercise - do bring water

For fitness, friendship and fun,
join the beginners/refreshers
class

Run by the Royal Scottish
Country Dance Society St
Andrews Branch



Scottish Charity SC024765

INTRODUCTION TO SCOTTISH COUNTRY DANCING

THURSDAYS

17, 24 September and 1 October
2026

7.30 – 9 pm

Victory Memorial Hall
St Marys Place
St Andrews KY16 9XE

Fee: £20 for the course

Teacher: Margaret Harley
Musician: Michael Taylor

[https:// https://rscdsstandrews.co.uk/](https://rscdsstandrews.co.uk/)

Contact Details

These details are used for communications related to the RSCDS alone and are not disclosed to any other organisation.

NAME:

Address:

Email:

Phone:

Payment may be made either by cheque (payable to RSCDS St Andrews Branch) or by bank transfer. Please indicate method of payment;

Cheque	BACS
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BACS details:

Name: Royal Scottish Country Dance Society
St Andrews Branch
Sort Code: 83-26-28
Account Number: 00254365

ALL forms and cheques must be returned to the Membership Secretary:
Marlene Lloyd-Evans, Strath House, 5 Kinaldy Meadows, St Andrews, KY16 8NA
Email: rscds.standrews@gmail.com